



Career/Life Vision Worksheet

Purpose & Values *Who are my greatest influences? What holds the most meaning and value? What is important to me?*

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Strengths & Personality *Who am I? How am I wired?* *What are my most natural, energizing strengths & talents?*

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Skills & Assets *What have I achieved and accomplished?* *Which of my experiences are most transferrable?*

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Preparation *What planning & research remains to be done?* *How does my experience support my future goal?*

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Action Plan *What is my vision for the ideal career future? What are my next steps (immediate, mid-term, long-term)?*

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